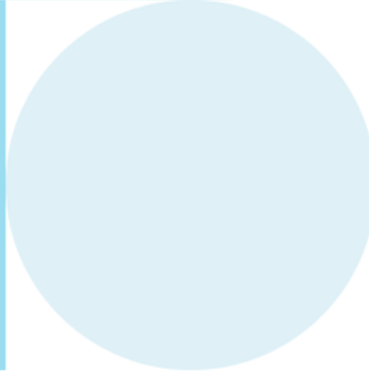
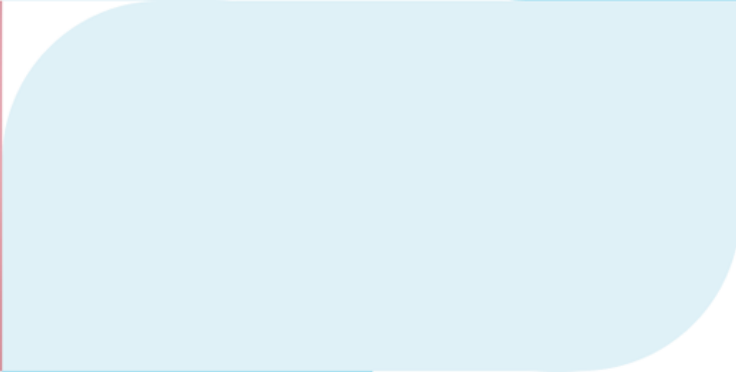




Test report



At-home test



DHEA Test

Lab test


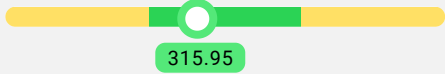
Saliva

Name: **Dummy Persson** Date of test: **12/09/2021** Analysis-ID: **GYZF65-0320**

Your test results

Our lab has tested your saliva samples for the level of DHEA. You will find your results below.

DHEA

Name	Your value	Reference value	Scale
DHEA	 315.95 pg/ml	120 - 680 pg/ml	

DHEA

DHEA (dehydroepiandrosterone) is a steroid hormone produced in the adrenal cortex. It is considered the "parent hormone" as it is converted to other steroid hormones, but it also has effects on its own. DHEA and DHEAS account for ~10% of the steroids that are found in postmenopausal women and ~10% of androgens in men.

The Role of DHEA in the Body

Other hormones, DHEA, DHEAS and androstenedione from the adrenal glands are used to synthesize androgens (testosterone and dihydrotestosterone). DHEA has various regulatory functions in the body – it regulates weight and increases bone mass, and, additionally, it positively affects the cardiovascular system, immune system and memory, with a strong influence on the endocrine system.

DHEA and Stress Response

DHEA is a steroid hormone secreted by the adrenal cortex. DHEA, which is secreted from the adrenal cortex, is secreted into the bloodstream and is converted to androgens in the body, such as testosterone.

Risks Associated with High DHEA Levels

Normal levels of DHEA may be found in conditions such as PCOS (Polycystic Ovary Syndrome), adrenal tumors, and hypopituitarism (adrenal insufficiency).

Other

In most countries, DHEA is not only prescribed but is also available over-the-counter. Some of the benefits include the recommended range. Daily DHEA levels should be in the upper half of the normal range. Research suggests that DHEA helps manage stress, improve sleep, and regulate appetite.

There are also no signs of adrenal insufficiency. DHEA and DHEAS are secreted from the adrenal cortex.

