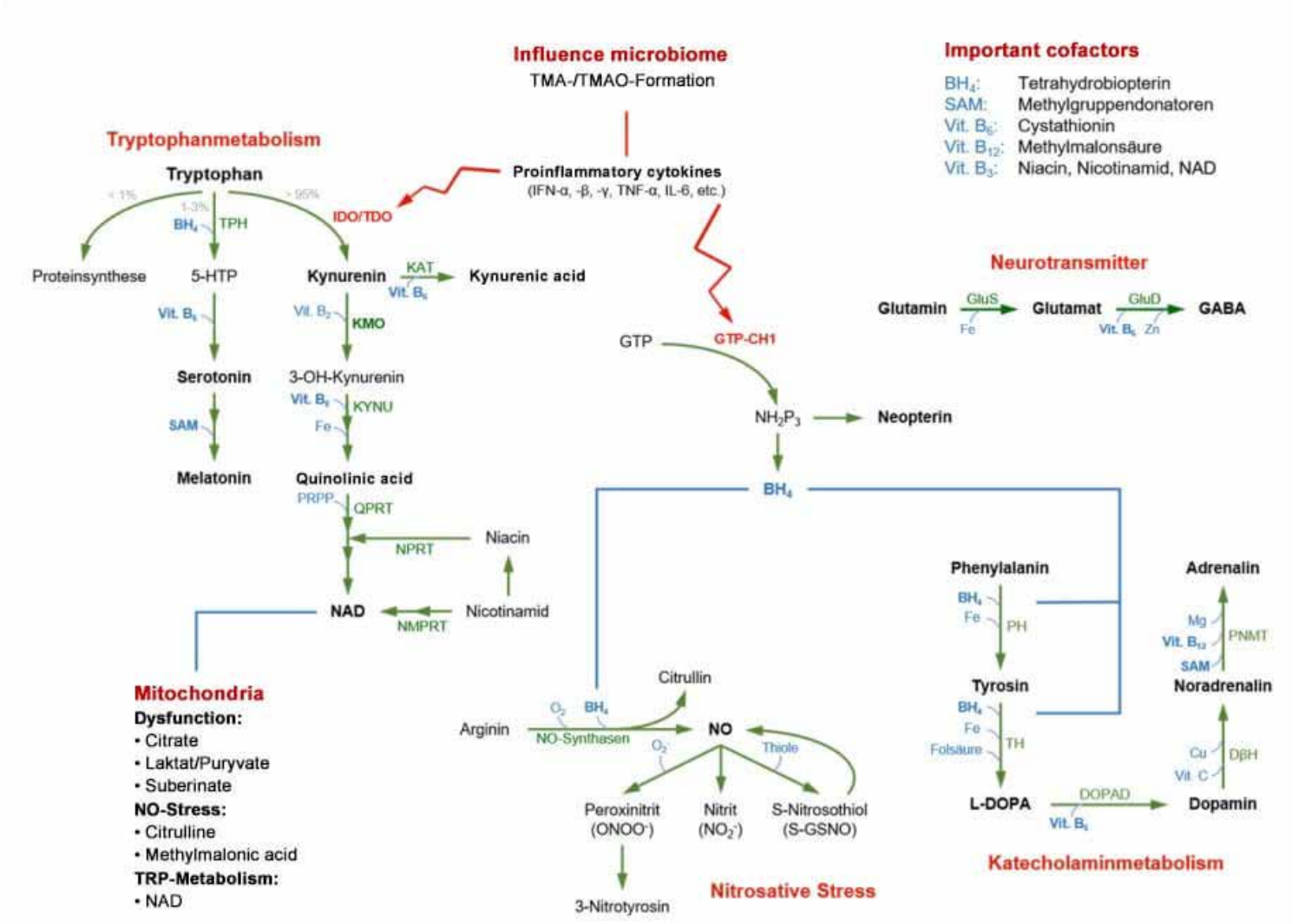

# Neurotransmitters XL

Lab test | Urine

Name: **Sample Report** Date of test: **08/29/2023** Analysis-ID: **DUMMY-25**

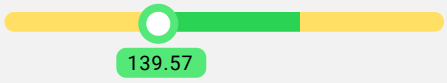
getTested

# Neurotransmitters - Tryptophan Metabolism

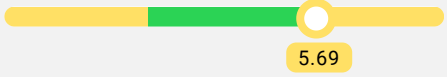


# Neurotransmitters XL

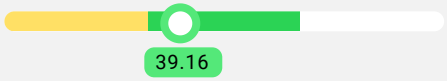
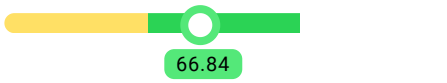
## Neurotransmitters

| Name | Your value | Reference value | Scale |
|---|---|---|---|
| Dopamine | 139.57 µg/g Crea | 130 - 240 µg/g Crea |   |
| Noradrenaline | 43.67 µg/g Crea | 15 - 36 µg/g Crea |   |
| Adrenaline | 5.82 µg/g Crea | 2,0 - 5,5 µg/g Crea |   |
| Serotonin | 145.84 µg/g Crea | 80 - 190 µg/g Crea |   |

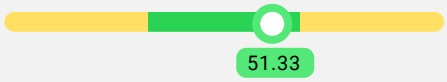
## Additional Neurotransmitters

| Name | Your value | Reference value | Scale |
|---|---|---|---|
| GABA | 5.69 µg/g Crea | 1,5 - 5,0 µg/g Crea |   |
| Glutamate | 21.83 µg/g Crea | 8 - 25 µg/g Crea |   |

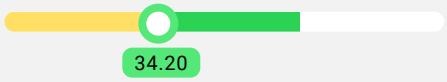
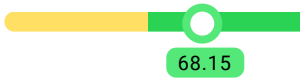
## Kynurenine Pathway

| Name | Your value | Reference value | Scale |
|---|---|---|---|
| Tryptophan | 39.16 µmol/g Crea | > 30 µmol/g Crea |   |
| Kynurenine | 2.01 µmol/g Crea | 1,0 - 2,7 µmol/g Crea |   |
| Kynurenic acid | 4.46 µmol/g Crea | > 6,2 µmol/g Crea |   |
| 3-OH-Kynurenine | 0.92 µmol/g Crea | 0,3 - 1,1 µmol/g Crea |   |
| Quinolinic acid | 17.73 µmol/g Crea | 18,5 - 32 µmol/g Crea |   |
| NAD (Nicotinamide-Adenine-Dinucleotide) | 66.84 nmol/g Crea | > 42 nmol/g Crea |   |

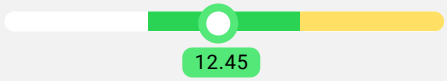
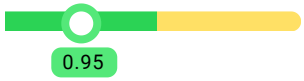
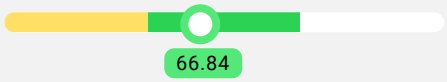
## Enzyme activities

| Name | Your value | Reference value | Scale |
|---|---|---|---|
| IDO-Activity | 51.33 Ratio | 31 - 55 Ratio |   |
| KMO-Activity | 3.97 Ratio | < 4,2 Ratio |   |

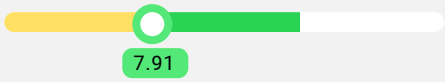
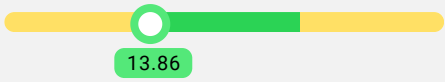
## Catecholamine Metabolism

| Name | Your value | Reference value | Scale |
|---|---|---|---|
| Phenylalanine | 34.20 µmol/g Crea | > 31 µmol/g Crea |   |
| Tyrosine | 68.15 µmol/g Crea | > 42 µmol/g Crea |   |

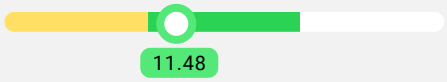
## Important Cofactors

| Name | Your value | Reference value | Scale |
|---|---|---|---|
| Cystathionine (Vitamin B6) | 12.45 µmol/l | < 25,0 µmol/l |   |
| Methylmalonic acid (Vitamin B12) | 0.95 mg/g Crea | < 1,8 mg/g Crea |   |
| Nicotinic acid | 0.35 µmol/g Crea | > 0,5 µmol/g Crea |   |
| Nicotinamide | 3.50 µmol/g Crea | > 1,2 µmol/g Crea |   |
| NAD (Nicotinamide-Adenine-Dinucleotide) | 66.84 nmol/g Crea | > 42 nmol/g Crea |   |

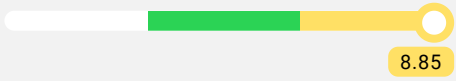
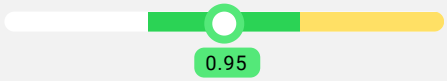
## Methyl-Group Donors

| Name | Your value | Reference value | Scale |
|---|---|---|---|
| S-Adenosylmethionine | 7.91 µmol/g Crea | > 7,5 µmol/g Crea |   |
| Betaine | 45.69 µmol/g Crea | 29 - 85 µmol/g Crea |   |
| Choline | 13.86 µmol/g Crea | 13 - 30 µmol/g Crea |   |

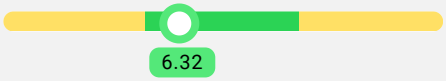
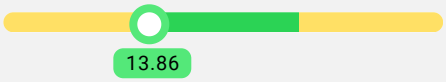
## Methylation Capacity

| Name | Your value | Reference value | Scale |
|---|---|---|---|
| SAM/SAH Ratio | 11.48 Ratio | > 9 Ratio |   |

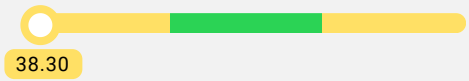
## Nitrosative Stress

| Name | Your value | Reference value | Scale |
|---|---|---|---|
| Citrulline | 8.85 µmol/g Crea | < 4 µmol/g Crea |   |
| Citrate | 456.92 mg/g Crea | 160 - 786 mg/g Crea |   |
| Methylmalonic acid (Vitamin B12) | 0.95 mg/g Crea | < 1,8 mg/g Crea |   |

## Mitochondrial Dysfunction

| Name | Your value | Reference value | Scale |
|---|---|---|---|
| Lactate | 6.32 mg/g Crea | 1,7 - 20,5 mg/g Crea |   |
| Pyruvate | 5.69 mg/g Crea | < 5,4 mg/g Crea |   |
| Suberic acid | 1.06 mg/g Crea | < 1,9 mg/g Crea |   |
| Carnitine | 219.32 µmol/g Crea | 11 - 90 µmol/g Crea |   |
| Choline | 13.86 µmol/g Crea | 13 - 30 µmol/g Crea |   |
| Carnitine | 219.32 µmol/g Crea | 11 - 90 µmol/g Crea |   |

## Creatinine

| Name | Your value | Reference value | Scale |
|---|---|---|---|
| Creatinine enzyme. (Urine) | 38.30 mg/dl | 400 - 2780 mg/dl |   |

## Serotonin Pathway

| Name | Your value | Reference value | Scale |
|---|---|---|---|
| Serotonin | 145.84 µg/g Crea | 80 - 190 µg/g Crea | 145.84 |

# Extended Information

# Neurotransmitters, tryptophan metabolism and relevant factors influencing acute or chronic stress

### What is being investigated?

## Catecholamines

## Serotonin

## GABA

## Glutamate

## Tryptophan metabolism

## Phenylalanine and tyrosine

## Availability of important cofactors in neurotransmitter and tryptophan metabolism

**1. Vitamins**

## 2. Tetrahydrobiopterin (BH4)

- [redacted]
- [redacted]
- [redacted]
- [redacted]

# Influence of stress levels on mitochondria

## NO stress / mitochondria

## Nitrosative stress

## Mitochondrial functional markers for orientation

## Neopterin – Signs of immune activation

## TMAO production as a cause of inflammations and arteriosclerosis

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