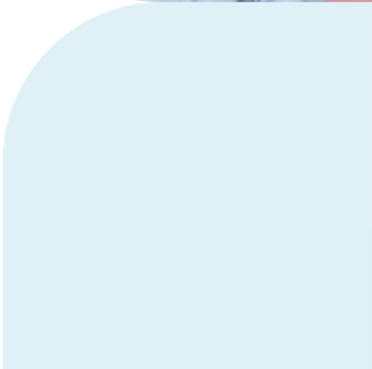
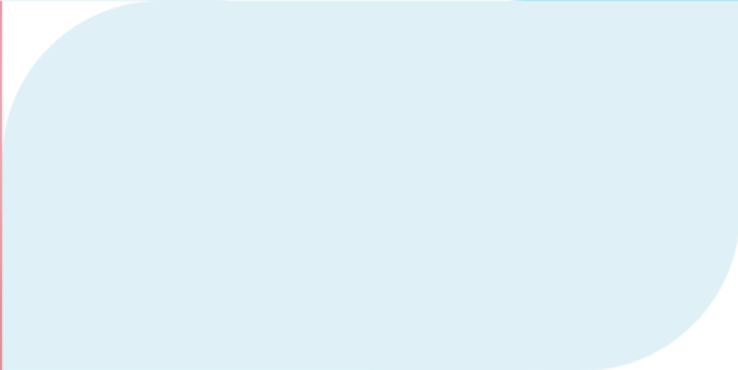




Test report



At-home test



# Allergy test MEDIUM

Lab test

Blood

Name: **Dummy Persson**    Date of test: **02/29/2024**    Analysis-ID: **UUAMR2-A9**

## About the test

Food allergies are evolving as a major public health problem, and testing is important to be able to identify these allergies, but also to find hidden food allergens.

Having an allergy means that your body produces IgE-antibodies in response to the allergen even if the allergen in itself is harmless. The higher the concentration of IgE antibodies, the greater the chance that the tested item will trigger allergic symptoms. The severity of the symptoms can vary from person to person even if the if the levels of IgE-antibodies are the same.

We recommend that you avoid any substance that you have an allergic reaction to with consistent symptoms. Please keep in mind that hygiene products such as moisturizing creams and shampoo may contain allergenic substances.

## How to interpret your result

Your test result is displayed on a scale from 0-6 for each item, depending on the amount of IgE-antibodies.

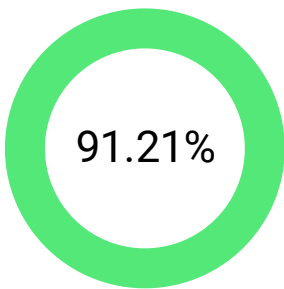
**CLASS 0: No reaction**

**CLASS 1-2: Weak sensitization**

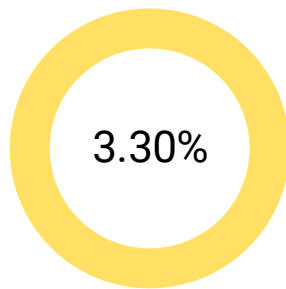
**CLASS 3-4: Moderate sensitization**

**CLASS 5-6: Strong sensitization**

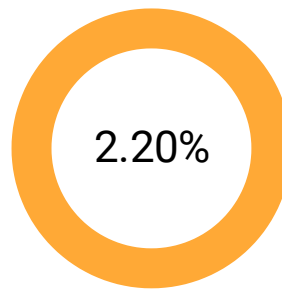
## Overview of your results



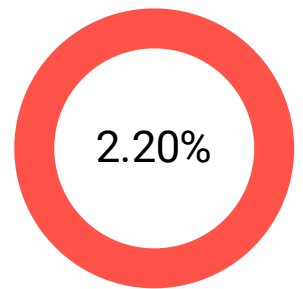
91.21% of items tested showed no reaction.



3.30% of items tested showed weak reaction.












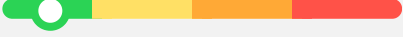



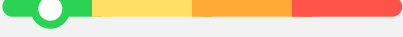



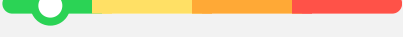



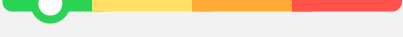







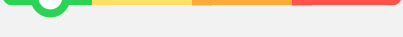
















2.20% of items tested showed mild reaction.



2.20% of items tested showed strong reaction.






## Food Allergy - Your result

Name	Category	Value	Class	Scale
Apple	Fruit	 < 0.15 U/ml	<b>0</b>	
Baker's Yeast	Miscellaneous	 < 0.15 U/ml	<b>0</b>	
Barley	Grains (Gluten-Containing)	 < 0.15 U/ml	<b>0</b>	
Beef	Meat	 < 0.15 U/ml	<b>0</b>	
Buckwheat	Grains (Gluten-Free)	 < 0.15 U/ml	<b>0</b>	
Cacao	Miscellaneous	 < 0.15 U/ml	<b>0</b>	
Carrot	Vegetables	 < 0.15 U/ml	<b>0</b>	
Celery	Vegetables	 < 0.15 U/ml	<b>0</b>	
Cheddar Cheese	Dairy / Egg	 < 0.15 U/ml	<b>0</b>	
Chicken	Meat	 < 0.15 U/ml	<b>0</b>	
Codfish	Fish / Seafood	 < 0.15 U/ml	<b>0</b>	
Corn	Vegetables	 < 0.15 U/ml	<b>0</b>	
Crab	Fish / Seafood	 < 0.15 U/ml	<b>0</b>	
Cucumber	Vegetables	 < 0.15 U/ml	<b>0</b>	
Eel	Fish / Seafood	 < 0.15 U/ml	<b>0</b>	
Egg white	Dairy / Egg	 < 0.15 U/ml	<b>0</b>	
Garlic/ Onion	Vegetables	 < 0.15 U/ml	<b>0</b>	
Hazel nut	Nuts / Seeds	 < 0.15 U/ml	<b>0</b>	
Lamb Meat	Meat	 < 0.15 U/ml	<b>0</b>	
Mackerel	Fish / Seafood	 < 0.15 U/ml	<b>0</b>	






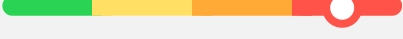



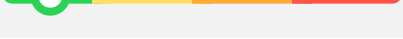

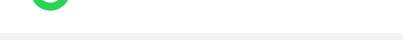

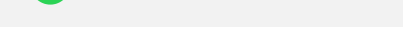


Name	Category	Value	Class	Scale
Milk	Dairy / Egg	 < 0.15 U/ml	<b>0</b>	
Peach	Fruit	 < 0.15 U/ml	<b>0</b>	
Peanut	Nuts / Seeds	 < 0.15 U/ml	<b>0</b>	
Pork	Meat	 < 0.15 U/ml	<b>0</b>	
Potato	Vegetables	 < 0.15 U/ml	<b>0</b>	
Rice	Grains (Gluten-Free)	 < 0.15 U/ml	<b>0</b>	
Sesame	Nuts / Seeds	 < 0.15 U/ml	<b>0</b>	
Shrimp	Fish / Seafood	 < 0.15 U/ml	<b>0</b>	
Soy bean	Vegetables	 < 0.15 U/ml	<b>0</b>	
Strawberry	Fruit	 < 0.15 U/ml	<b>0</b>	
Sweet chestnut	Nuts / Seeds	 < 0.15 U/ml	<b>0</b>	
Tomato	Vegetables	 35.70 U/ml	<b>4</b>	
Walnut	Nuts / Seeds	 < 0.15 U/ml	<b>0</b>	
Wheat	Grains (Gluten-Containing)	 < 0.15 U/ml	<b>0</b>	
Fruit Mix 1	Fruit	 < 0.15 U/ml	<b>0</b>	
Fish Mix 1	Fish / Seafood	 < 0.15 U/ml	<b>0</b>	
Sea Food Mix 1	Fish / Seafood	 < 0.15 U/ml	<b>0</b>	
Sea Food Mix 2	Fish / Seafood	 < 0.15 U/ml	<b>0</b>	
Citrus mix	Fruit	 < 0.15 U/ml	<b>0</b>	
Seed Mix 1	Nuts / Seeds	 < 0.15 U/ml	<b>0</b>	
Vegetable Mix 1	Vegetables	 < 0.15 U/ml	<b>0</b>	

## Pollen Allergy - Your result


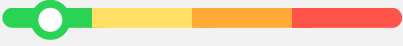



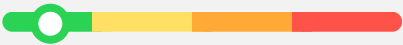



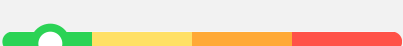


Name	Category	Value	Class	Scale
Acacia	Inhalation	 < 0.15 U/ml	<b>0</b>	
Alder	Pollen	 2.50 U/ml	<b>2</b>	
Bermuda grass	Inhalation	 < 0.15 U/ml	<b>0</b>	
Birch	Pollen	 8.60 U/ml	<b>3</b>	
Common pigweed	Inhalation	 < 0.15 U/ml	<b>0</b>	
Common ragweed	Pollen	 < 0.15 U/ml	<b>0</b>	
Cottonwood	Inhalation	 < 0.15 U/ml	<b>0</b>	
Cultivated rye	Inhalation	 < 0.15 U/ml	<b>0</b>	
Dandelion	Inhalation	 < 0.15 U/ml	<b>0</b>	
Goldenrod	Inhalation	 < 0.15 U/ml	<b>0</b>	
Hazel	Inhalation	 < 0.15 U/ml	<b>0</b>	
Japanese cedar	Inhalation	 < 0.15 U/ml	<b>0</b>	
Japanese hop	Pollen	 < 0.15 U/ml	<b>0</b>	
Maple leaf sycamore	Inhalation	 < 0.15 U/ml	<b>0</b>	
Mugwort	Pollen	 < 0.15 U/ml	<b>0</b>	
Oak	Pollen	 0.65 U/ml	<b>1</b>	
Olive	Inhalation	 < 0.15 U/ml	<b>0</b>	
Plantain	Inhalation	 < 0.15 U/ml	<b>0</b>	
Ox-eye daisy	Inhalation	 < 0.15 U/ml	<b>0</b>	
Russian thistle	Inhalation	 < 0.15 U/ml	<b>0</b>	

Name	Category	Value	Class	Scale
Timothy grass	Inhalation	0.80 U/ml	2	
White ash	Inhalation	< 0.15 U/ml	0	
White pine	Inhalation	< 0.15 U/ml	0	
Willow	Inhalation	< 0.15 U/ml	0	
Grass Mix 1	Pollen	< 0.15 U/ml	0	

## Pet Allergy - Your result









Name	Category	Value	Class	Scale
Cat dander	Epithelia	 < 0.15 U/ml	<b>0</b>	
Dog dander	Epithelia	 < 0.15 U/ml	<b>0</b>	
Guinea pig	Epithelia	 < 0.15 U/ml	<b>6</b>	
Hamster	Epithelia	 < 0.15 U/ml	<b>0</b>	
Horse	Epithelia	 < 0.15 U/ml	<b>0</b>	
Mouse/ Rat	Epithelia	 < 0.15 U/ml	<b>0</b>	
Rabbit	Epithelia	 < 0.15 U/ml	<b>0</b>	
Sheep Wool	Epithelia	 < 0.15 U/ml	<b>0</b>	

## Mold/Yeast Allergy - Your result






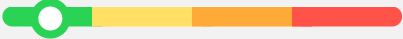



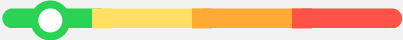


Name	Category	Value	Class	Scale
Acarus siro	Inhalation	 < 0.15 U/ml	<b>0</b>	
Alternaria alternata	Inhalation	 < 0.15 U/ml	<b>0</b>	
Aspergillus fumigatus	Inhalation	 < 0.15 U/ml	<b>0</b>	
Candida albicans	Inhalation	 < 0.15 U/ml	<b>0</b>	
Cladosporium herbarum	Inhalation	 < 0.15 U/ml	<b>0</b>	
Penicillium notatum	Inhalation	 < 0.15 U/ml	<b>0</b>	



## Dust/Mite Allergy - Your result

Name	Category	Value	Class	Scale
D. pteronyssinus	Inhalation	 0.23 U/ml	<b>0</b>	
D. farinae	Inhalation	 < 0.15 U/ml	<b>0</b>	
House dust	Inhalation	 < 0.15 U/ml	<b>0</b>	
Tyrophagus putrescentiae	Inhalation	 < 0.15 U/ml	<b>0</b>	

## Other Allergies - Your result

Name	Category	Value	Class	Scale
Bee venom	Inhalation	 107.00 U/ml	<b>6</b>	
CCD	Miscellaneous	 < 0.15 U/ml	<b>0</b>	
Cockroach	Inhalation	 < 0.15 U/ml	<b>0</b>	
Latex	Inhalation	 < 0.15 U/ml	<b>0</b>	
Silkworm pupa	Miscellaneous	 < 0.15 U/ml	<b>0</b>	
Wasp venom	Inhalation	 < 0.15 U/ml	<b>0</b>	
Total IgE	Miscellaneous	21.00 U/ml	-	-

## Interpret the results

### Normal values - but showing symptoms?

It is possible to have a positive result on a blood test for allergies, even though you do not have any symptoms. This is because the test measures the level of antibodies in your blood, which can be raised even if you do not have any symptoms. The test is not perfect and can sometimes give a false positive result. It is also possible to have a positive result on a blood test for allergies, even though you do not have any symptoms, because of cross reactions. This means that the test is measuring antibodies to a substance that is not the allergen you are allergic to. For example, a test for allergies to peanuts can sometimes give a positive result for allergies to almonds, even though you do not have any symptoms of allergies to almonds.

### Cross reactions - positive result despite no symptoms?

It is possible to have a positive result on a blood test for allergies, even though you do not have any symptoms. This is because the test measures the level of antibodies in your blood, which can be raised even if you do not have any symptoms of allergies. This means that the test is measuring antibodies to a substance that is not the allergen you are allergic to. For example, a test for allergies to peanuts can sometimes give a positive result for allergies to almonds, even though you do not have any symptoms of allergies to almonds.

### What can I do if I have an allergy?

There are many things you can do to manage your allergies. The first step is to avoid the allergen that is causing your symptoms. This can be difficult, but it is the most effective way to manage your allergies. There are also many medications that can help to relieve your symptoms. Your doctor can help you to choose the best medication for you.

### Other

There are many other things you can do to manage your allergies. This includes avoiding allergens, taking medication, and using natural remedies. Your doctor can help you to choose the best option for you.

